

# **Tammy Lane, LMT, CST**

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## **Objective**

To facilitate the body's inner wisdom for a natural and therapeutic change. My passion is to provide the healing touch to promote homeostasis, reparation, relaxation and longevity.

## **Qualifications**

16 years' experience as a massage therapist, specializing in CranioSacral Therapy. Responsible, reliable and able to work independently. Excellent interpersonal, communication skills and advanced therapeutic massage skills.

## **Licensure & Certification**

NM Regulation & Licensing Department – Board of Massage Therapy – 2/29/96 License # 2316  
National Certification Board for Therapeutic Massage & Bodywork – 2/96  
Certified CranioSacral Therapist – 1/07

## **Professional Affiliations**

American Massage Therapists Association – Professional Active Member  
International Association Healthcare Practitioners – Active Member  
American CranioSacral Therapy Association - Active Member

## **Professional Experience**

2011 – Present: Private CranioSacral Therapy practice in Corrales, NM  
CranioSacral Therapy for all clientele ranging from pregnancy, children through geriatric. Conditions ranging from stress, accident trauma, cancer, brain injuries, autism, ADD and rehabilitation.

CranioSacral Therapy for equine and small animals.

2000 – 2010: Private massage/CranioSacral Therapy practice in Laguna Hills, CA  
Facilitator & therapist for CA CranioSacral Therapy Mini-Intensive programs.

2004 – 2008: Stretch and Shoulder Massage Program—Crown Cove & Atria San Juan Retirement Communities—Weekly on-site shoulder massage for community residents.

2004 – 2009: T'ai Chi/Qigong Instructor – Atria Golden Creek Retirement Community  
Weekly onsite instruction of T'ai Chi and Qigong and geriatric exercise for residents

2004 – 2009: Tai Chi Chuan Assistant Instructor – Saddleback College Emeritus Program  
Assist instruction on T'ai Chi Chuan Yang Style Long Form.

2002 – 2004: Dr. Iris Rosenfeld D.C. (949)380-7215 – Part-time Therapist

1996 to 1999: Private massage practice in Corrales, NM

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## Education

### Universal Therapeutic Massage Institute, Inc.

Massage Therapy Education and Training - 670 Hours. Graduated 8/19/95

### Upledger Institute

1995 – Current: Continuing Education and Proficiency  
CranioSacral Therapy Level 1 & 2  
SomatoEmotional Release Level 1 & 2  
CranioSacral Applications to Obstetrics  
The Brain Speaks

Equine CranioSacral Therapy Level 1 & 2  
CranioSacral Therapy for Small Animals

### Barral Institute

2002 – Current: Continuing Education and Proficiency  
Nervous System: Neuromeningeal Manipulation  
Visceral Manipulation Level 1 & 2;  
Visceral Listening Techniques

### Chickly Health Institute

2006 – Current: Continuing Education and Proficiency  
Brain Tissue, Nuclei, Fluid & Autonomic Nervous System  
Heart Centered Therapy

InForMed: Working with Clients with Health Problems; Post Traumatic Stress Disorder and Massage; Care for Special Populations; Medication and Massage Therapy.

Skilled Touch Institute of Chair Massage: Chair Massage Technique

Institute for Integrative Healthcare Studies: Anma Japanese Massage

Xu's Acupuncture & Chinese Herbs: Tuina Chinese Massage

Reiki: Usui Shiki Rhoyo – 1<sup>st</sup> & 2<sup>nd</sup> Degree

## Interests

Tai Chi/Qigong Instructor, Walking, Hiking, Horseback Riding.  
Community Volunteerism – United Way, Avon 3-Day Breast Cancer Walkathon,  
Susan Koman Breast Cancer Marathon.

References available upon request.